

  **SOURDOUGH TOAST** 4.5 <sup>+\$2 GF</sup>  
Sonoma white / miche / fruit toast  
*Butter | Nutella | Peanut Butter | Rose Jam | Pear Jam*

 **BANANA BREAD** 6  
Sonoma banana bread w butter



**BACON & EGG BURGER** 9  
Sunny side up egg, maple bacon,  
Sonoma milk bun w your choice of sauce.  
*DOUBLE bacon + egg \$3*

**CHEDDR BURGER** 13 CROWD  
FAV  
Over easy egg, homemade hash brown,  
chorizo, avocado, relish, spinach, truffle  
mayo, cheddar, Sonoma milk bun

  **CHAI SPICED PORRIDGE** 12  
Chai porridge w almond milk, apple, sultana  
compote, hazelnut crumble, cinnamon syrup

  **BANANA SOY PORRIDGE** 8.5  
Soy milk porridge, caramelised banana,  
cinnamon syrup

  **MANGO GRANOLA BOWL** 14  
Coyo, chia seeds, Sonoma granola, mango,  
berries, coconut flakes

   **AVO & SOURDOUGH** 13 <sup>+\$2 GF</sup>  
Avocado, housemade dukkah, cherry tomatoes,  
red vein sorrel, sesame seeds w Sonoma  
sourdough. *Add poached eggs*

**EGGS BENNY** 17 <sup>+\$2 GF</sup>  
Poached eggs, Sonoma miche sourdough  
w housemade hollandaise, baby spinach,  
smoked bacon. *Add on salmon*

**MAMAS BREAKFAST** 21 <sup>+\$2 GF</sup>  
Eggs your way, Sonoma miche sourdough,  
maple bacon, baby spinach, grilled tomato,  
chorizo, haloumi, Italian herb mushrooms  
*Add an avo!*

## TOASTIES



**HAM & CHEDDR** 11  
Spanish ham (Jamon), butter, cloth-  
bound cheddar w a side of mustard

**CHICKEN & AVO** 10  
Grilled herb chicken, avocado, baby  
gem w lemon pepper mayo

**PUMPKIN & CAPSICUM** 9  
Roasted pumpkin and capsicum, sweet potato,  
red chimmichurri, hummus, spinach

**DOUBLE CHEESEBURGER w FRIES** 16  
Double chuck & brisket patties, American  
cheddar, caramelised onions, special sauce,  
pickles, Sonoma milk bun. *Add bacon \$4*



**CHICKEN BURGER w FRIES** 15  
Grilled ancho chicken, chipotle mayo slaw &  
housemade red chimmichurri, served on a  
Sonoma milk bun

**ROCKY SANGA w FRIES** 19  
Bresaola, prosciutto, roasted capsicum,  
tomatoes, red chimmichurri, Japanese  
mayo, mixed leaf salad, Sonoma sourdough

**CHICKEN SCHNITTY w FRIES** 22  
Panko crumbed chicken, apple mint salad,  
beer battered chips, housemade mushroom  
sauce

    **CAULIFLOWER FRITTERS** 16  
Housemade cauliflower fritters, red vein sorrel,  
shallots, chives w smokey chiptole chutney,  
mustard

 **HALOUMI SALAD** 13  
Spiced roasted vegetables, pinenuts, baby  
spinach, red chimmichurri, grilled haloumi

  **POKE BOWL** 14.5  
Fresh Tasmanian salmon, cucumber, brown rice  
edamame, cherry tomatoes, avocado w mesclun  
salad, cabbage, ponzu dressing, sesame seeds

**CHICKEN CAESAR SALAD** 13  
Grilled Italian herb chicken, baby gem lettuce,  
boiled egg, housemade croutons, bacon,  
parmesan w housemade caesar dressing

## PECKISH



 **FRIES** 7.5  
Beer battered fries w chipotle mayo

**CHEESEBOARD**  
Soft, Blue, Hard plus condiments  
- Small 28 - Large 39

**WE BAKE OUR OWN TREATS DAILY!**

 Vegetarian  Dairy Free  Gluten Free  Vegan

## EXTRAS

Grilled Tomato, Nonies Gluten Free Bread.....2ea  
Eggs, Sonoma Sourdough (White or Miche)..... 3ea  
Avocado, Haloumi, Bacon.....4ea  
Fresh Tasmanian Salmon, Chorizo, Chicken.....6ea

**CATERING AVAILABLE**

**MONDAY - FRIDAY 7AM - 3PM**  
**SATURDAY 8AM - 2PM**

# COFFEE & DRINKS

Cheddar

## COFFEE



White	3.5
Black	3.5
Batch Brew	3.5
Mocha	4.5
Hot Chocolate	4
Vanilla Latte'	4.5
Masala Almond Chai	4.5

**Upgrade to a Large 50c**

Soy, Strong	50c
Almond, Oat Milk	1

## CHILLED

Cold Brew	4
Iced Latte'	4/5



## SMOOTHIE 8 Lrg

**Peanut Butter** // Peanut Butter, Banana, Agave, Oat Milk

**Green** // Apple & Orange Juice, Spinach, Pineapple, Coyo, Cucumber, Mint

**Triple Berry** // Mixed Berries, Mango, Cranberry Juice, Almond Milk

## TEA 4

English Breakfast (IND)
Silver Jasmine (CHN)
Moroccan Mint (CHN)
Early Grey BlueFlower (SRI)
Cinnamon & Spice (SRI)
Chamomile & Nectar (EYG)

## JUICE 6 Lrg

Orange & Lemon (Ginger + 50c)
Apple, Pineapple & Mint
Classic Orange

## SODA 3

Coke
Diet Coke
Lemonade
Sparkling Water

## BOOZE

### BEER

Tecate	7
Mexican Lager (MEX)	8
Colonial Brewing Co. Kolsch (AUS)	10
Capital Brewing Co. Coaste Ale (AUS)	9
Berties Apple Cider (AUS)	9

### WINE

Rose'	12	48
Moscato	9.5	38
Sauvignon Blanc	10	40
Shiraz	11	44

# TAKE-AWAY MENU

**SOURDOUGH TOAST 4.5 +\$2 GF**  
Sonoma white / miche / fruit toast

**BANANA BREAD 6**  
Sonoma banana bread w butter

**BACON & EGG BURGER 9**  
Sunny side up egg, maple bacon, Sonoma milk bun w your choice of sauce.  
*DOUBLE bacon + egg \$3*

**CHEDDR BURGER 13**  
Over easy egg, homemade hash brown, chorizo, avocado, relish, spinach, truffle mayo, cheddar, Sonoma milk bun

**CHAI SPICED PORRIDGE 12**  
Chai porridge w almond milk, apple, sultana compote, hazelnut crumble, cinnamon syrup

**BANANA SOY PORRIDGE 8.5**  
Soy milk porridge, caramelised banana, cinnamon syrup

**MANGO GRANOLA BOWL 14**  
Coyo, chia seeds, Sonoma granola, mango, berries, coconut flakes

**DOUBLE CHEESEBURGER w FRIES 16**  
Double chuck & brisket patties, caramelised onions, pickles, American cheddar, special sauce, Sonoma milk bun. Add smoked bacon \$4

**CHICKEN BURGER w FRIES 15**  
Grilled ancho chicken, chipotle mayo slaw & housemade red chimichurri, served on a Sonoma milk bun

**HALOUMI SALAD 13**  
Spiced roasted vegetables, pinenuts, baby spinach, red chimmichurri, grilled haloumi

**POKE BOWL 14.5**  
Fresh Tasmanian salmon, cucumber, brown rice edamame, cherry tomatoes, avocado w mesclun salad, cabbage, ponzu dressing, sesame seeds

**CHICKEN CAESAR SALAD 13**  
Grilled Italian herb chicken, baby gem lettuce, boiled egg, housemade croutons, bacon, parmesan w housemade caesar dressing

**FRIES 7.5**  
Beer battered fries w chipotle mayo



## TOASTIES

**HAM & CHEDDR 11**  
Spanish ham (Jamon), butter, cloth-bound cheddar w a side of mustard

**CHICKEN & AVO 10**  
Grilled herb chicken, avocado, baby gem w lemon pepper mayo

**PUMPKIN & CAPSICUM 9**  
Roasted pumpkin and capsicum, sweet potato, red chimmichurri, hommus, spinach

